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UNIVERSAL PROCESS FOR THE EVALUATION OF BELIEFS & ASSUMPTIONS FOR CONFLICT RESOLUTION

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ABSTRACT

As conflict prevails at each and every level of human living from individual, family, society to nature/existence. Conflict is always expressed in the form of behavior and work. The behavior and work of human being is governed by what we believe and assume. So this paper focuses on beliefs and assumptions in an individual. Unverified beliefs & assumptions are main cause of conflict in the behavior and work of an individual. Beliefs & assumptions have great impact on the behavior and work of an individual. If beliefs & assumptions go wrong, the same will be reflected in the behavior of an individual in the form of conflict with other human beings. In this paper different sources for the formation of beliefs & assumptions in an individual have been discussed. This paper also describes the impact of beliefs & assumptions on behavior and work of an individual, if these originate from preconditioning or sensations. The universal process for the evaluation of beliefs & assumptions, which is helpful to resolve the conflict in the behavior and work of an individual, has been described in this paper.

KEYWORDS: Conflict, Individual, Beliefs, Assumptions, Preconditioning, Natural acceptance